

SASKATCHEWAN CORNHOLE ASSOCIATION

Youth Initiative
Resource Manual





MISSION

TO PROMOTE THE GROWTH OF CORNHOLE IN SASKATCHEWAN.

WE WILL USE THE GAME OF CORNHOLE TO OVERCOME SOCIETAL CHALLENGES BY SUPPORTING LEAGUES THAT PROVIDE SAFE, INCLUSIVE SPACES FOR PEOPLE OF ALL AGES, RACES, ETHNIC ORIGINS, SEXUAL ORIENTATIONS, GENDER, RELIGION, AND SOCIOECONOMIC STATUS.

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GOALS

TO GROW THE GAME IN COMMUNITIES ACROSS SASKATCHEWAN, THEN LEVERAGE THE GROWTH TO HELP AND SUPPORT OUR COMMUNITIES.

TO CREATE A DIVERSE CORNHOLE COMMUNITY, THAT IS NOT ONLY DEDICATED TO GROWING THE GAME BUT BY MAKING A POSITIVE IMPACT ON SASKATCHEWAN.



OBJECTIVES

- Educating the public about the rules, benefits and enjoyment Cornhole can bring to a person's life.
 - Establish and support training programs, equipment and funding to ensure people can learn the game of Cornhole.
 - Providing and promoting an atmosphere of good spirit, fair play and respect for all event participants.
 - Contribute to and promote an atmosphere that encourages and supports a game the entire family can play together.
 - Develop and build a structure that promotes youth in learning the game of Cornhole. A structure that provides a low-cost game all ages can play.
 - Expand our network of players, enthusiasts, and organizations.
 - Fundraise and provide funding for leagues that support us in achieving our Mission Statement.
 - Provide a vehicle for other groups to use Cornhole as a way to raise money for Charities, organizations, and groups.
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YOUTH INITIATIVE

PROGRESS

- **Saskatchewan Cornhole Association (SCA) began it's Youth Initiative in 2024.**
 - **In 2024, the SCA Youth Initiative team went to five (5) Regina High-schools, teaching cornhole to 25 separate PE classes, and hosted roughly 300 student to the SCA's venue - The BackYard.**
 - **In 2025, to date, the SCA Youth Initiative team went to three (3) Regina High-schools, teaching cornhole to 15 separate PE classes, and hosted roughly 650 student to the SCA's venue - The BackYard**
 - **Two (2) Regina High-schools have chosen to further integrate Cornhole through utilizing their wood shop classes to build cornhole boards.**
 - **Working with these school to find mean to support funds for vinyl wraps and cornhole bags.**
 - **Recent partnerships with Lincoln's Life Mattered Foundation - a foundation focused on youth mental health & suicide prevention.**
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YOUTH INITIATIVE

PARTNERSHIPS

- To date these Saskatchewan Cornhole Association Youth Initiative partnerships are informal and relationship driven.
- Official policy, procedures, and /or partnership agreements maybe be needed as these partnerships continue to flourish.





YOUTH INITIATIVE

CONTINUED GOALS

- **Recent partnerships with Lincoln's Life Mattered Foundation; develop internal policies to further this partnership in the following ways:**
 - Explore opportunities for bringing awareness to mental health & suicide prevention through the sport of cornhole.
 - Explore accessing funding through the foundation to support cornhole boards & bags in high schools, while highlighting mental health awareness & suicide prevention hotline #988
 - Support and direct funding to the foundation through the SCA's Backyard Training facility.
 - **Create internal policies to establish a cornhole bag recycle program through the SCA's Backyard Training facility. Recycled bags utilized for/by Youth initiative.**
 - **Establish Youth Cornhole nights / Youth league nights at the SCA's Backyard facility.**
 - **Develop & create appropriate funding policies and practices to support the SCA youth initiative.**
 - **Support a High-School Cornhole Tournament in Regina and other Sask. High Schools .**
 - **Develop & support a structure that has Cornhole as an intermural sport in Saskatchewan schools.**
 - **Develop & support a structure that has Cornhole as part of the curriculum in Saskatchewan schools.**
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YOUTH INITIATIVE

OPPORTUNITIES REGINA AREA

- The youth initiative is to introduce cornhole to the next generation of cornhole players.
- Any fees charged to the schools will be recorded and made available (as a credit) for the schools to access when requiring financial assistance with their purchase of cornhole boards and bags for their schools or their feeder schools.
- The goal of the Youth program is to have boards and bags in every high school in Saskatchewan and to be recognized as a school sport.

In School:

- The SCA will set up Cornhole boards in the school gymnasium, and cycle through the school's PE classes.
- The SCA will give a brief overview of the game, rules of cornhole, style of game play (both single & doubles game play), and how to throw a bag.
- Teachers will be provided a handout with the same information & access to cornhole curriculum resources.
- The remainder of the class will be time for students to play the game
 - Costs: \$500 a day (prorated based on the school's needs)

At the BackYard:

- Classes come to the BackYard for an hour
 - The SCA will give a brief overview of the game, rules of cornhole, style of game play (both single & doubles game play), and how to throw a bag.
 - Teachers will be provided a handout with the same information & access to cornhole curriculum resources.
 - The SCA will use the program at the BackYard to play games with random partners.
 - The remainder of the class will be time for students to play games
 - \$100 per one-hour class
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YOUTH INITIATIVE

BOARDS & BAGS PROGRAM

- **The SCA will work with individual schools to assist them in acquiring their own sets of cornhole boards and bags for student's use in the school.**
 - **Schools will have access to the SCA curriculum resource guide, which provides curriculum outcomes for utilizing their workshop classes to build cornhole boards.**
 - **The SCA, in partnership with the Lincoln Life Mattered Foundation, will provide financial assistance to cover costs associated with the wraps for the boards.**
 - **These wraps will have the school logo, SCA logo, and a youth mental health awareness component, including the youth mental health crisis hotline number.**
 - **The SCA will work with individual schools, to develop a system for schools to access financial assistance to support their purchase of cornhole boards and bags for their schools &/or their feeder schools.**
 - **NOTE: Bags with the school logo are also an option, but come with an upgraded cost.**
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YOUTH INITIATIVE

ADVANCEMENT OPPORTUNITIES

- **Special Olympics Sport**

- Special Olympics Saskatchewan hosted two Baggo (Cornhole) tournaments (Regina & Saskatoon).
- 15 school's participate between the 2 tournaments, with over 180 Unified athletes and over 120 Unified athlete partners plus coaches.

- **Cornhole Canada & Canadian Cornhole League (CCL)**

- National Championships
- Provincial Associations in most Canadian Provinces
 - Leagues & Associations offer local, regional & recreational tournaments.
 - Youth Initiatives are a primary focus of the CCL

- **American Cornhole League (ACL)**

- ACL has various leagues, teams, directors offering local, regional , competitive & recreational tournaments.
 - American Collegiate & University level competitive and recreational intermural teams (through the ACL)
 - Beginning to offer scholarships
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YOUTH INITIATIVE

ADVANCEMENT OPPORTUNITIES

- **The sport of cornhole is growing rapidly. Cornhole is widely considered one of the fastest-growing sports in North America. Opportunities that are currently available for all youth to advance in the sport of cornhole include:**
 - **Special Olympics Sport**
 - **Cornhole Canada**
 - **Canadian Cornhole Leagues (CCL)**
 - **Canadian Cornhole Federation (CCF)**
 - **American Cornhole League – Canada (ACL Canada)**
 - **American Cornhole League (ACL)**
 - **American Collegiate & University level competitive and recreational intermural teams (through the ACL).**
 - **American Cornhole Association (ACO)**
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LEAGUE



YOUTH INITIATIVE

BENEFITS OF SPORT

- **A healthy cornhole community promotes several protective factors for youth including:**
 - **Individual Protective Factors**
 - Teach/learn effective coping and problem-solving skills
 - Support social-emotional learning programs
 - Support resilience
 - Promote strong sense of identity
 - Healthy behaviors & activities
 - **Relationship Protective Factors**
 - Promote healthy connections & feeling connected to others
 - Promote healthy peer norms
 - Connect youth to caring adults and healthy activities
 - **Community & Societal Protective Factors**
 - Create protective environments through healthy organizational policies and culture
 - Feeling connected to school, community, and other social institutions
 - Creating safe, stable, nurturing communities for all youth to thrive.
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Beyond Boards, Beyond Fun:
Why Choose Cornhole Canada

Canada



WE OFFER :

- ✓ FRAMEWORK AND GOVERNANCE
- ✓ PLAYER, VENUE AND LEAGUE OPERATOR INSURANCE
- ✓ OFFICIAL NATIONAL AND PROVINCIAL CHAMPIONSHIPS
- ✓ PATH TO THE INAUGURAL WORLD CHAMPIONSHIPS AND OLYMPIC GAMES
- ✓ CANADIAN NATIONAL POINTS SYSTEM



www.cornholecanada.ca



YOUTH INITIATIVE

CONTACT US

If you're interested in discussing opportunities for youth in the sport of cornhole, reach out to us through the following:

- **Saskatchewan Cornhole Association**

- Email – saskcornholeassociation@gmail.com
 - saskcornholepromotions@gmail.com
- Website – <https://saskcornhole.ca/>
- Addresss – 2363 2nd Ave, Regina, SK S4R 2P6